

PHOENIX RISING

BASKETBALL

ISSUE 12 NOVEMBER 28 2020

CLOSED SEASON

Be sure to download the Google Calendar App on your phone to confirm game and practice information. Then click this [CALENDAR LINK](#) and add "PSA Athletic Events". By opening up the GAME EVENT, you will see specific notes about that game (address and directions, spectator requirements, corona restrictions, arrival time, transportation guidelines, etc.) and any information relevant for that evening's games.

THIS WEEK'S UPCOMING GAMES (NON REGION):

Tuesday, December 1 @ Palmetto Christian Academy : JV 530, VG 630, VM, 8

Friday, December 4 @ North Charleston High School : JV 5, VG 6, VM 730

Spring Sports Reminders

Per the SCHSL, Open Season for Spring Sports is CANCELLED. This means there will be NO TEAM PRACTICES for ANY spring sports over the winter.

The first practice date / tryout date is February 1st.

If you are a spring sports athlete (baseball, softball, soccer, track & field), it is STRONGLY RECOMMENDED, and in your best interest, to begin your own conditioning NOW, and begin working on skills/drills BEFORE tryouts on February 1.

If you have not already done so, this is the time to GET YOUR PLANETHS PAPERWORK COMPLETED AND UPLOADED! You have 8 weeks. Don't procrastinate!

For Baseball, Softball and Track/Field information, contact the [Athletic Director](#)

For Soccer information (JV or V), contact Head Coach Vollertsen, soccer@psaschool.org

PRESEASON SOCCER TRAINING TIPS



**DON'T FORGET
TO VISIT THE
AD'S VIRTUAL
OFFICE**

Fall sports are over and we are now in CLOSED SEASON for cross country and volleyball until May 1, 2021. This means that there are no practices, conditioning, training, skills, drills in a team setting led by or suggested by a coach. Attending skills camps that are recommended by a coach is permitted, but it cannot be a camp solely run by the coach. There are also very specific rules regarding participation on a team coached by your PSA coach. Violations of SCHSL rules will result in fines and possible suspensions if it is determined that our coaches and athletes have violated these SCHSL rules.

If you have any questions about off-season participation, please contact the [Athletic Department](#) to ensure that you are receiving the most up-to-date and accurate information.



www.gophoenixathletics.org

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reach us