

PHOENIX ATHLETICS



ISSUE 01 AUGUST 4 2020

Days Left To **5** Get Eligible

DEADLINE : 11PM THIS SUNDAY AUGUST 9 2020

Per SCHSL, the first day for all in-season practices/tryouts is currently scheduled for August 17, 2020. To be eligible to participate in Cross Country or Volleyball tryouts you must be in grade 7-12, and complete the following:

1. ALL 8 PlanethS documents (paper/email/text copies will NOT be accepted — must be uploaded to your account). Physicals can be performed at local urgent care facilities or your pediatrician. When you complete your PlanethS account, **DO NOT PAY THE PARTICIPATION FEE.** This fee is non-refundable and is due when an athlete has successfully made it through the tryout process and has been named as a rostered player on the team. Once on the roster, the Athletic Department will send information about required fees.
2. Covid Waiver Form. If your athlete has been attending pre-tryout conditioning sessions in July, you have completed a waiver form already. If your athlete has NOT been attending, a Covid waiver form is required for tryouts and a link will be sent to you this week once you complete the Intent to Tryout form.
3. Intent To Tryout Form. Completing this form (and the other required documents) will ensure that your athlete receives the Sign Up Genius link to register for his/her tryout session.

reach us

www.gophoenixathletics.org

FB : Palmetto Scholars Academy Athletics

IG : phoenixathleticspsa

Athletic Director : Shelley Gordon

shelley.gordon@psaschool.org

PROTECTING OUR ATHLETES

The Athletic Department has been dedicated to ensuring the safety of our athletes during our open-season practices which began in June. Procedures and protocols were implemented based on CDC, DHEC and SCHSL guidelines. These have been, and will continue to be, followed by all coaches and athletes participating in a practice.

As we look ahead to an August 17 start date for in-season practices/tryouts, we will continue to follow these requirements and will adjust as permitted by SCHSL.

Since June, we have been functioning under SCHSL Phase 1.0 and moved to 1.5 on Monday August 3.

Congratulations

RECOGNIZING OUR 2019 FALL & WINTER SPORTS ATHLETES

As they say, "Better late than never!" We weren't able to celebrate our athletes' at an Athletic Awards Ceremony, but we wanted to be sure we honored those who coaches saw RISE ABOVE during their seasons. Congratulations to these athletes who were selected by their coaches in the categories of their choice.

CROSS COUNTRY Coach Whitmore

Lucinda Bulanow, Phoenix Award

JV VOLLEYBALL Coach Kara

Hali Arrington, MVP Award
Sophia Julazadeh, Phoenix Award
Zaynah Judge, Spirit Award

VARSITY VOLLEYBALL Coach Bethany

Siri Helmstetter, MVP Award
Sydney Fischer, Phoenix Award
Sara Smith, Most Improved Award

VARSITY GIRLS BASKETBALL Coach Evans

Denver Mathis, MVP Award
SaBria Washington, Rookie Award
Nadia Bulanow, Phoenix Award

JV BASKETBALL Coach Trey

Imanol Avila Perez, MVP Award
Kahmani Singletary, Coach's Choice
Mason Buchan, Most Improved Award

VARSITY BASKETBALL Coach Lindgren

Ryan Fischer, MVP Award
Jalon Conway, Toughness Award
Matthew Sanders, Resilience Award

TRYOUT DATES

CROSS COUNTRY : Must attend one session (Location—PSA)

Monday August 17, 7am

Monday August 17, 7pm

VOLLEYBALL : Must attend both days (Location—PSA Gym)

Monday August 17, 5-830pm (two sessions, athlete assigned to one)

Tuesday August 18, 5-830pm (two sessions, athlete assigned to one)

You will receive a Sign Up Genius link on August 12 to register



MEET OUR

CROSS COUNTRY COACH

AUSTIN WATSON

Austin Watson, a 2006 graduate of Georgia Southern University (Go Eagles!), joins PSA this year as the Head Cross Country Coach. He is a Georgia native but has been in Charleston for the last 7 years. Austin is a managing partner at Crossspeak Solutions, an IT strategy consulting firm based in Charleston.

Austin is an endurance sports enthusiast and brings a great deal of knowledge to our team. Austin ran cross country in high school and has trained for and participated in Marathons, ultra-marathons, and 100+ mile cycling events. This year he will focus on teaching our young athletes to be strategic in their approach and supportive of their teammates. He is very excited to join Phoenix Athletics for the 2020-2021 season.

Contact Coach Austin:

crosscountry@psaschool.org