

# PHOENIX ATHLETICS, October 23 2019

www.gophoenixathletics.org  
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# DIG PINK NIGHT



**IT'S PLAYOFF TIME!!!**

**Let's Do This!**

**THIS Monday, October 28<sup>th</sup> 6pm at PSA**

**Wear your PINK to support breast cancer awareness**

We will play the winner of the October 23<sup>rd</sup> first round playoff match between Bridges Prep and Green Sea Floyd

**All Tickets are \$5 at the Door**

**Students can purchase their tickets for \$4 on Monday at lunch from Coach Shelley in her office**

**SO MUCH GOOD STUFF!!**

Congratulations to our Ladies' Varsity Volleyball team who finished regular season in 2<sup>nd</sup> place with a 12-2 record. This earned them a first round playoff-bye, and they will play October 28<sup>th</sup>!

HUGE, HUGE shout of CONGRATS to Siri Helmstetter who was voted by our Region's coaches as Co-Player of Year. Siri tied for the top spot with a player from the first-place team. She was also selected to the SCCAWS (Coaches in Women's Sports) All State volleyball team. Siri was one of 15 players (Class A) voted in by a panel of coaches from across the state. Only a total of 87 girls (Class 1A-5A) in the State received this honor!

And that's not all!! Exciting news and more CONGRATS for our very own Coach Bethany Doman who was selected by our Region's Athletic Directors as the Region Coach of the Year! What an accomplishment!

But there is still more CONGRATS to dish out!! So proud to announce that we had three players selected to the All Region Team. Sydney Fisher, Siri Helmstetter and Johanna West. Way to go, Ladies!!!

# LAST CALL FOR BOYS MIDDLE SCHOOL BASKETBALL

If your son is interested in playing Middle School Basketball, it is very important for him to participate in at least one of his practice times this weekend. Registration forms and information will be given to players at that time.

## THIS WEEKENDS PRACTICES

**6<sup>th</sup> Grade:** WE NEED A FEW MORE 6<sup>TH</sup> GRADERS! At this time, we only have 5 boys who have been regularly coming to practices and we need 3 or 4 more so we can have a team. Practice Saturday 1-3pm and Sunday 4-6pm. Coach Gary Wait: gary\_wait@yahoo.com

**7<sup>th</sup> Grade:** Practice Saturday 10-1130am and Sunday 2-4pm. Coach Curtis Jackson: curtis\_j@hotmail.com

**8<sup>th</sup> Grade:** Practice Saturday 1130-1pm. Coach John O'Connell: joconnell3@sc.rr.com

## MANDATORY PARENT MEETING Saturday, November 2<sup>nd</sup> 10am at PSA Gym

Registration Forms must be turned in at this meeting  
No extension will be given

## HIGH SCHOOL BASKETBALL INFORMATION

### JV/VARSITY PRE TRYOUT PRACTICE SCHEDULE

Contact your Coach to verify  
dates/times as these MAY change

**LADIES' VARSITY BASKETBALL**  
Coach Daryl Evans,  
girlsbasketball@psasschool.org

Arrive 15 minutes before practice.  
October 29, 6-730  
October 30, 6-730  
November 4, Tryouts 430-615

**MENS' JV / VARSITY BASKETBALL**  
JV Coach Trey Mintz  
jvbasketball@psaschool.org  
V Coach Jeff Lindgren  
coachlindgren@psaschool.org

Arrive 30 minutes before practice.  
October 26, 8am-10am  
November 4, Tryouts 630-830

## IN OTHER ATHLETIC NEWS ...

### VARSIITY CROSS COUNTRY

Cross Country will wrap up their season on Tuesday, October 29<sup>th</sup> when we host our Region meet at Palmetto Islands County Park.

### VARSIITY SOFTBALL

The Athletic Department is SO excited to announce that we have secured an incredible coaching staff of three for the upcoming softball season. Head Coaches John and Ronnie have nearly 30 years of combined coaching experience at the rec, travel and high school level here in the Charleston area. Schools include Summerville, Pinewood Prep, Stall, St. Johns Christian Academy and Oceanside. Assistant Coach Lauren played travel for 8 years, high school for 3 and college for 2, and she has been an assistant coach at the middle school and travel levels. Coach Lauren is an experienced pitcher/catcher and has played every position on the field. All three coaches are experienced in pitching and are excited to work with any girls who have an interest in pitching, and build and strengthen our girls at every position. Be watching for an interest email in a couple of weeks. Off-season practices will begin in early December. Contact the Athletic Department if you have any questions.

